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| Foundation Stagen.b. For EYG please see the Jigsaw Foundation overview in the appendix. |
| Year group and overview: F2 | Success Criteria | Vocabulary  |
| ***Being Me in My World***To know how to help others to feel welcome To try to make our foundation Stage community a better place To think about everyone’s right to learn To care about other people’s feelings To work well with others To choose to follow the Learning Charter | I understand how it feels to belong and that we are similar and different. I can start to recognise and manage my feelings.I enjoy working with others to make school a good place to be.I understand why it is good to be kind and use gentle hands.I am starting to understand children’s rights and this means we should all be allowed to learn and play.I am learning what being responsible means. | likefavouritesame different happysadangry excited | feelingssharekindnessgentlemistakeshurting allowedrules |
| ***Celebrating Difference*** To accept that everyone is different. To include others when working and playing. To know how to help if someone is being bullied.To try to solve problems. To try to use kind words. To know how to give and receive compliments. | I can identify something I am good at and understand everyone is good at different things I understand that being different makes us all special I know we are all different but the same in some ways I can tell you why I think my home is special to me I can tell you how to be a kind friend I know which words to use to stand up for myself when someone says or does something unkind | proudachievementsuniquespecial unkindfriendships  |
| ***Dreams and Goals*** To stay motivated when doing something challenging. To keep trying even when it is difficult. To work well with a partner or in a group. To have a positive attitude. To help others to achieve their goals. To work hard to achieve their own dreams and goals. | I understand that if I persevere I can tackle challenges I can tell you about a time I didn’t give up until I achieved my goal I can set a goal and work towards it I can use kind words to encourage people I understand the link between what I learn now and the job I might like to do when I’m older I can say how I feel when I achieve a goal and know what it means to feel proud | challengetrickyachievepracticegoal | kindsupportjobfutureachievement  |
| ***Healthy Me***To know how to make a healthy choice Have eaten a healthy, balanced dietTo have been physically active To try to keep themselves and others safe To know how to be a good friend and enjoy healthy friendships To know how to keep calm and deal with difficult situations | I understand that I need to exercise to keep my body healthy I understand how moving and resting are good for my body I know which foods are healthy and not so healthy and can make healthy eating choices I know how to help myself go to sleep and understand why sleep is good for me I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet I know what a stranger is and how to stay safe if a stranger approaches me | healthymoving resting stilltiredclean stranger  |  |
| ***Relationships***Know how to make friends Try to solve friendship problems when they occur Help others to feel part of a group Show respect in how they treat others Know how to help themselves and others when they feel upset and hurt Know and show what makes a good relationship | I can identify some of the jobs I do in my family and how I feel like I belong I know how to make friends to stop myself from feeling lonely I can think of ways to solve problems and stay friends I am starting to understand the impact of unkind words I can use Calm Me time to manage my feelings I know how to be a good friend  | familyfriendslonely problemsunkind  |  |
| ***Changing Me*** To understand that everyone is unique and special Can express how they feel when change happens Understand and respect the changes that they see in themselves Understand and respect the changes that they see in other people Know who to ask for help if they are worried about change Are looking forward to change | I can name parts of the body I can tell you some things I can do and foods I can eat to be healthy I understand that we all grow from babies to adults I can express how I feel about moving to Year 1 I can talk about my worries and/or the things I am looking forward to about being in Year 1I can share my memories of the best bits of this year in Reception  | bodyhealthy babiesadultsgrowworriesmemoriesexcitednervous  |  |
| Key Stage One |
| Year group and overview: Year 1 | Success Criteria | Vocabulary  |
| ***Being Me***  To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning CharterTo discuss hopes and fears for the year. | I know how to use my Jigsaw Journal I understand the rights and responsibilities as a member of my class I understand the rights and responsibilities for being a member of my class I know my views are valued and can contribute to the Learning Charter I can recognise the choices I make and understand the consequences I understand my rights and responsibilities within our Learning Charter | * Happy
* Special
* Proud
* rules
* Safe
* Environment
* Rights
* Responsibilities
* Reward
* Consequence
 |
| ***Celebrating difference***Accept that everyone is different Include others when working and playingKnow how to help if someone is being bulliedTry to solve problemsUse kind words Know how to give and receive compliments | I can identify similarities between people in my classI can identify differences between people in my classI can tell you what bullying is I understand how being bullied might feel I know some people who I could talk to if I was feeling unhappy or being bulliedI know how to make new friends I can tell you some ways I am different from my friendsI understand these differences make us all special and unique | * Similarities
* Differences
* Bullying
* Emotions
* Unique
 |
| ***Dreams and Goals*** Stay motivated when doing something challenging Keep trying even when it is difficultWork well with a partner or in a groupHave a positive Attitude Help others to achieve their goalsAre working hard to achieve theirown dreams and goals | I can set simple goals I can set a goal and work out how to achieve itI understand how to work well with a partnerI can tackle a new challenge and understand this might stretch my learningI can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome themI can tell you how I felt when I succeeded in a new challenge and how I celebrated it | * Goal
* Achievement
* Challenge
* Obstacles
* Success
* Succeeded
* Attitude
* Positive
 |
| ***Healthy Me*** Have made a healthy choice Have eaten a healthy, balanced diet Have been physically active Have tried to keep themselves and others safe Know how to be a good friend and enjoy healthy friendships Know how to keep calm and deal with difficult situations | I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy I know how to make healthy lifestyle choicesI know how to keep myself clean and healthy, and understand how germs cause disease/illness I know that all household products including medicines can be harmful if not used properly I understand that medicines can help me if I feel poorly and I know how to use them safely I know how to keep safe when crossing the road, and about people who can help me to stay safeI can tell you why I think my body is amazing and identify some ways to keep it safe and healthy | * Healthy
* Unhealthy
* Lifestyle
* Choice
* Germs
* Disease
* Medicines
* Harmful
 |
| ***Relationships*** Know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when theyfeel upset or hurtKnow and show what makes a good relationship | I can identify the members of my familyand understand that there are lots of different types of families I can identify what being a good friend means to meI know appropriate ways of physical contact to greet my friends and knowwhich ways I preferI know who can help me in my school communityI can recognise my qualities as person and a friendI can tell you why I appreciate someone who is special to me | * Families
* Relationships
* Appropriate
* Physical
* Greeting
* Community
* Qualities
 |
| ***Changing Me*** Understand that everyone is unique and special Can express how they feel when change happensUnderstand and respect the changes that theysee in themselvesUnderstand and respect the changes that theysee in other peopleKnow who to ask for help if they are worried about changeAre looking forward to change |  I am starting to understand the life cycles of animals and humans I can tell you some things about me that have changed and some things about me that have stayed the sameI can tell you how my body has changed since I was a babyI can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anusI understand that every time I learn something new I change a little bitI can tell you about changes that have happened in my life. | * Changes
* Lifecycles
* Humans
* Penis
* Testicles
* Vagina
* Vulva
* Anus
 |
| Year group and overview : Year 2 | Success Criteria | Vocabulary  |
| ***Being Me*** To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning CharterTo discuss hopes and fears for the year. | I can identify some of my hopes and fears for this yearI understand the rights and responsibilities for being a member of my class and schoolI understand the rights and responsibilities for being a member of my classI can listen to other people and contribute my own ideas about rewards and consequencesI understand how following the Learning Charter will help me and others learnI can recognise the choices I make and understand the consequencesI am choosing to follow the Learning Charter. | * welcome
* hopes
* fears
* rights
* responsibilities
* consequences
 |
| ***Celebrating difference***Accept that everyone is differentInclude others when working and playingKnow how to help if someone is being bulliedTry to solve problemsTry to use kind words Know how to give and receive compliments | I can explain that sometimes people get bullied because they are seen to be different; this might include people who do not conform to gender stereotypes. I can explain how it feels to have a friend and be a friend. I can also explain why it is OK to be different from my friends. I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes)I understand that bullying is sometimes about difference I can recognise what is right and wrongand know how to look after myselfI understand that it is OK to be different from other people and to be friends with themI can tell you some ways I am different from my friends | * bullying
* stereotypes
* gender / sex
* assumptions
* judgement
 |
| ***Dreams and Goals***Stay motivatedwhen doing something challengingKeep trying even when it is difficultWork well with a partner or in a groupHave a positive attitudeHelp others to achieve their goalsAre working hard to achieve their own dreams and goals | I can choose a realistic goal and think about how to achieve itI carry on trying (persevering) even when I find things difficult I can recognise who I work well with and who it is more difficult for me to work withI can work well in a group I can tell you some ways I worked well with my groupI know how to share success with other people | * goal
* achievement
* success
* failure
* perseverance
* resilience
 |
| ***Healthy Me*** To know how to make a healthy choiceTo understand a healthy, balanced dietTo know the importance of being physically activeTo have tried to keep themselves and others safeTo know how to be a good friend and enjoy healthy friendshipsTo know how to keep calm and deal with difficult situations | I know what I need to keep my body healthyI can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressedI understand how medicines work in my body and how important it is to use them safely I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthyI can make some healthy snacks and explain why they are good for my bodyI can decide which foods to eat to give my body energy | * healthy
* relaxed
* stressed
* mental health
* mental well-being
* mindfulness
* medicine / drug
* energy
 |
| ***Relationships***To know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when they feel upset or hurtKnow and show what makes a good relationship | I can identify the different members of my family, understand my relationship witheach of them and know why it is important to share and cooperateI understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is notI can identify some of the things that cause conflict with my friendsI understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secretI recognise and appreciate people who can help me in my family, my school and my communityI can express my appreciation for the people in my special relationships | * relationship
* cooperate
* disagreement
* conflict
* resolution
* appreciation
 |
| ***Changing Me***Understandthat everyoneis unique andspecial.Can express how they feel when change happens.Understand and respect the changes that they see in themselves.Understand and respect the changes that they see in other people.Know who to ask for help if they are worried about change.Are looking forward to change. | I can recognise cycles of life in I can tell you about the natural process of growing from young to old and understand that this is not in my controlI can recognise how my body has changed since I was a baby and where I am on the continuum from young to oldI can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are privateI understand there are different types of touch and can tell you which ones I like and don’t likeI can identify what I am looking forward to when I move to my next class | * cycle
* process
* mammal
* physical
* appearance
* penis
* anus
* testicles
* vagina
* vulva
* privacy
 |
| Key Stage Two |
| Year group and overview :Year 3 | Success Criteria | Vocabulary  |
| ***Being Me*** To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning Charter | I recognise my worth and can identify positive things about myself and my achievements.I can face new challenge positively, make responsible choices and ask for help when I need itI understand why rules are needed and how they relate to rights and responsibilitiesI understand that my actions affect myself and others and I care about other people’s feelingsI can make responsible choices and take actionI understand my actions affect others and try to see things from their points of view | * positive
* achievement
* rights
* responsibilities
* affect
 |
| ***Celebrating difference***Accept that everyone is differentInclude others when working and playingKnow how to help if someone is being bulliedTry to solve problemsTry to use kind words Know how to give and receive compliments |  I understand that everybody’s family is different and important to themI understand that differences and conflicts sometimes happen among familymembersI know what it means to be a witness to bullyingI know that witnesses can make the situation better or worse by what they doI recognise that some words are used in hurtful waysI can tell you about a time when my words affected someone’s feelings and what the consequences were | * difference
* similarity
* bullying
* targeting
* conflicts
* witness
* consequences
 |
| ***Dreams and Goals***Stay motivatedwhen doing something challengingKeep trying even when it is difficultWork well with a partner or in a groupHave a positive attitudeHelp others to achieve their goalsAre working hard to achieve their own dreams and goals |  I can tell you about a person who has faced difficult challenges and achieved successI can identify a dream/ambition that is important to meI enjoy facing new learning challenges and working out the best ways for me to achieve themI am motivated and enthusiastic about achieving our new challengeI can recognise obstacles which might hinder my achievement and can take steps to overcome themI can evaluate my own learning process and identify how it can be better next time | * success
* ambition
* ambitious
* achievement
* motivated
* enthusiastic
* obstacles
* evaluate
 |
| ***Healthy Me*** To know how to make a healthy choiceTo understand a healthy, balanced dietTo know the importance of being physically activeTo have tried to keep themselves and others safeTo know how to be a good friend and enjoy healthy friendshipsTo know how to keep calm and deal with difficult situations | I understand how exercise affects my body and know why my heart and lungs are such important organsI know that the amount of calories, fat and sugar I put into my body will affect my healthI can tell you my knowledge and attitude towards drugsI can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for helpI can identify when something feels safe or unsafeI understand how complex my body is and how important it is to take care of itI respect my body and appreciate what it does for me | * risk
* calories
* drugs
* peer pressure
* strategies
 |
| ***Relationships***To know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when theyfeel upset or hurtKnow and show what makes a goodrelationship | I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and femalesI can identify and put into practice some of the skills of friendship eg. taking turns, being a good listenerI know and can use some strategies for keeping myself safe onlineI can explain how some of the actions and work of people around the world help and influence my lifeI understand how my needs and rights are shared by children around the world and can identify how our lives may be different.I can empathise with children whose lives are different to mine and appreciate what I may learn from themI know how to express my appreciation to my friends and family | * responsibilities
* expectations
* stereotypes
* influence
* influential
* human rights
 |
| ***Changing Me***Understandthat everyoneis unique andspecial.Can express how they feel when change happens.Understand and respect the changes that they see in themselves.Understand and respect the changes that they see in other people.Know who to ask for help if they are worried about change.Are looking forward to change. |  I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the babyI understand how babies grow and develop in the mother’s uterusI understand what a baby needs to live and growI understand that boys’ and girls’ bodies need to change so that when they grow up their bodies can make babiesI can identify how boys’ and girls’ bodies change on the outside during this growing up processI can identify how boys’ and girls’ bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up I can start to recognise stereotypical ideas I might have about parenting and family rolesI can identify what I am looking forward to when I move to my next classstart to think about changes I will make next year and know how to go about this | * conception
* life cycle
* uterus
* reproduction
* reproductive cycle
* penis
* anus
* testicles
* vagina
* vulva
* privacy
 |
| Year group and overview :Year 4 | Success Criteria | Vocabulary  |
| ***Being Me*** To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning Charter | I know my attitudes and actions make a difference to the class teamI understand who is in my school community, the roles they play and how I fit inI understand how democracy works through the School CouncilI understand that my actions affect myself and others; I care about other people’s feelings and try to empathise with themI understand how groups come together to make decisionsI understand how democracy and having a voice benefits the school community | * collaboration
* democracy
* affect
* contribution
* community
* empathy
 |
| ***Celebrating difference*** Accept that everyone is differentInclude others when working and playingKnow how to help if someone is being bulliedTry to solve problemsTry to use kind wordsKnow how to give and receive compliments | I understand that, sometimes, we make assumptions based on what people look likeI understand what influences me to make assumptions based on how people lookI know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I’m not sureI can tell you why witnesses sometimes join in with bullying and sometimes don’t tellI can identify what is special about me and value the ways in which I am uniqueI can tell you a time when my first impression of someone changed when I got to know them | * assumptions
* judgements
* influences
* witness
* impression
 |
| ***Dreams and Goals*** Stay motivatedwhen doing something challengingKeep trying even when it is difficultWork well with a partner or in a groupHave a positive attitudeHelp others to achieve their goalsAre working hard to achieve their own dreams and goals. | I can tell you about some of my hopes and dreamsI understand that sometimes hopes and dreams do not come true and that this can hurtI know that reflecting on positive and happy experiences can help me to counteract disappointmentI know how to make a new plan and set new goals even if I have been disappointedI know how to work out the steps to take to achieve a goal, and can do this successfully as part of a groupI can identify the contributions made by myself and others to the group’s achievement | * reflecting
* hopes
* ambition
* dream
* goal
* achieve
 |
| ***Healthy Me***To know how to make a healthy choiceTo understand a healthy, balanced dietTo know the importance of being physically activeTo have tried to keep themselves and others safeTo know how to be a good friend and enjoy healthy friendshipsTo know how to keep calm and deal with difficult situations | I recognise how different friendship groups are formed, how I fit into them and the friends I value the mostI understand there are people who take on the roles of leaders or followers in a group, and I know the role I take on in different situationsI understand the facts about smoking and its effects on health, and also some of the reasons some people start to smokeI can recognise negative feelings in peer pressure situations (such as embarrassment, shame, inadequacy and guilt) and know how to act assertively to resist pressure from myself and othersI understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcoholI can recognise when people are putting me under pressure and can explain ways to resist this when I wantI can identify feelings of anxiety and fear associated with peer pressureI know myself well enough to have a clear picture of what I believe is right and wrong | * leadership
* peer pressure
* inadequacy
* resist
* assertive
* affects
* anxiety
 |
| ***Relationships*** To know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when they feel upset or hurtKnow and show what makes a good relationship | I can recognise situations which can cause jealousy in relationshipsI can identify someone I love and can express why they are special to meI know how most people feel when they lose someone or something they loveI can tell you about someone I know that I no longer seeI can recognise how friendships change, know how to make new friends and howto manage when I fall out with my friendsI know how to stand up for myself and how to negotiate and compromiseI understand what having a boyfriend/ girlfriend might mean and that it is aspecial relationship for when I am olderI know how to show love and appreciation to the people and animals who are special to me | * jealousy
* loss
* grief
* negotiate
* compromise
* appreciation
 |
| ***Changing Me***Understandthat everyoneis unique andspecial.Can express how they feel when change happens.Understand and respect the changes that they see in themselves.Understand and respect the changes that they see in other people.Know who to ask for help if they are worried about change.Are looking forward to change. | I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and spermI can correctly label the internal and external parts of male and female bodies that are necessary for making a babyI understand that having a baby is a personal choice and can express how I feel about having children when I am an adultI can describe how a girl’s body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of thisI have strategies to help me cope with the physical and emotional changes I will experience during pubertyI know how the circle of change works and can apply it to changes I want to make in my lifeI can identify changes that have been and may continue to be outside of my control that I learnt to acceptI can identify what I am looking forward to when I move to a new class | * characteristics
* genetic
* internal
* external
* sperm
* egg
* periods
* menstruation
* emotional
* puberty
* transition
* penis
* anus
* testicles
* vagina
* vulva
* privacy
 |
| Year group and overview :Year 5 | Success Criteria | Vocabulary  |
| ***Being Me*** To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning Charter | I can face new challenges positively and know how to set personal goals I understand my rights and responsibilities as a citizen of my countryI understand my rights and responsibilities as a citizen of my country and as amember of my schoolI can make choices about my own behaviour because I understand how rewards and consequences feelI understand how an individual’s behaviour can impact on a groupI understand how democracy and having a voice benefits the school community and know how to participate in this | * goal
* target
* ambition
* personal
* rights
* responsibilities
* individual
* democracy
 |
| ***Celebrating difference***Accept that everyone is differentInclude others when working and playingKnow how to help if someone is being bulliedTry to solve problemsTry to use kind words Know how to give and receive compliments | I understand that cultural differences sometimes cause conflictI understand what racism is I am aware of my attitude towards people from different racesI understand how rumour-spreading and name-calling can be bullying behavioursI can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I’m part of oneI can explain the difference between direct and indirect types of bullyingI can compare my life with people in the developing worldI can understand a different culture from my own | * conflict
* culture
* racism
* rumours
* prejudice
* direct
* indirect
 |
| ***Dreams and Goals***Stay motivatedwhen doing something challengingKeep trying even when it is difficultWork well with a partner or in a groupHave a positive attitudeHelp others to achieve their goalsAre working hard to achieve their own dreams and goals | I understand that I will need money to help me achieve some of my dreamsI know about a range of jobs carried out by people I know and have explored how much people earn in different jobsI can identify a job I would like to do whenI can describe the dreams and goals of young people in a culture different to mineI understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each otherI appreciate the similarities and differences in aspirations between myself and young people in a different cultureI can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship | * achieve
* financial
* earnings
* salary
* culture
* aspiration
* peers
* sponsorship
 |
| ***Healthy Me***To know how to make a healthy choiceTo understand a healthy, balanced dietTo know the importance of being physically activeTo have tried to keep themselves and others safeTo know how to be a good friend and enjoy healthy friendshipsTo know how to keep calm and deal with difficult situations | I know the health risks of smoking and can tell you how tobacco affects the lungs, liver and heart.I can make an informed decision about whether or not I choose to smoke and know how to resist pressureI know some of the risks with misusing alcohol, including anti-social behaviour, and how it affects the liver and heartI know and can put into practice basic emergency aid procedures (including recovery position) and know how to get help in emergency situations I know how to keep myself calm in emergenciesI understand how the media, social media and celebrity culture promotes certain body typesI can reflect on my own body image and know how important it is that this is positive and I accept and respect myself for who I amI can describe the different roles food can play in people’s lives and can explain how people can develop eating problems (disorders) relating to body image pressuresI know what makes a healthy lifestyle including healthy eating and the choices I need to make to be healthy and happy | * tobacco
* peer pressure
* misuse
* anti-social
* emergency
* promotes
* disorder
* anorexia
* bulimia
* lifestyle
 |
| ***Relationships*** To know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when they feel upset or hurtKnow and show what makes a good relationship | I have an accurate picture of who I am as a person in terms of my characteristics and personal qualitiesI know how to keep building my own self-esteem I understand that belonging to an online community can have positive and negative consequencesI can recognise when an online community feels unsafe or uncomfortableI understand there are rights and responsibilities in an online community or social networkI know there are rights and responsibilities when playing a game online themselves and others when they feel upset or hurtI can recognise when I am spending too much time using devices (screen time)I can identify things I can do to reduce screen time, so my health isn’t affectedI can explain how to stay safe when using technology to communicate with my friendsI can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others | * characteristics
* personal qualities
* attributes
* online community
* devices
* risky
 |
| ***Changing Me***Understandthat everyoneis unique andspecial.Can express how they feel when change happens.Understand and respect the changes that they see in themselves.Understand and respect the changes that they see in other people.Know who to ask for help if they are worried about change.Are looking forward to change. | I am aware of my own self-image and how my body image fits into thatI know how to develop my own self esteemI can explain how a girl’s body changes during puberty and understand the importance of looking after yourself physically and emotionallyI understand that puberty is a natural process that happens to all and that it will be ok for meI can describe how boys’ and girls’ bodies change during pubertyI can express how I feel about the changes that will happen to me during pubertyI understand that sexual intercourse can lead to conception and that is how babies are usually madeI also understand that sometimes people need IVF to help them have a babyI can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)I can identify what I am looking forward to when I move to my next class. | * sexual intercourse
* puberty
* conception
* IVF
* self-image
* penis
* anus
* testicles
* vagina
* vulva
* privacy
 |
| Year group and overview : Year 6 | Success Criteria | Vocabulary  |
| ***Being Me*** To know how to help others to feel welcomeTo try to make our school community a better placeTo think about everyone’s right to learnTo care about other people’s feelingsTo know how to work well with othersTo choose to follow the Learning Charter | I can identify my goals for this year, understand my fears and worries about the future and know how to express them I know that there are universal rights for all children but for many c these rights are not metI understand that my actions affect other people locally and globallyI can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilitiesI understand how an individual’s behaviour can impact on a group I understand how democracy and having a voice benefits the school communityI understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself | * goals
* fears
* future
* ambition
* rewards
* consequences
* democracy
* community
* individual
* rights
* responsibilities
 |
| ***Celebrating difference***Accept that everyone is differentInclude others when working and playingKnow how to help if someone is being bulliedTry to solve problemsTry to use kind words Know how to give and receive compliments | I understand there are different perceptions about what normal meansI understand how being different could affect someone’s lifeI can explain some of the ways in which one person or a group can have power over another I know how it can feel to be excluded or treated badly by being different in some wayI know some of the reasons why people use bullying behavioursI can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I’m part of oneI can give examples of people with disabilities who lead amazing livesI can explain ways in which difference can be a source of conflict and a cause for celebration | * perception
* preconception
* excluded
* included
* prejudice
* disabilities
 |
| ***Dreams and Goals***Stay motivatedwhen doing something challengingKeep trying even when it is difficultWork well with a partner or in a groupHave a positive attitudeHelp others to achieve their goalsAre working hard to achieve their own dreams and goals | I know my learning strengths and can set challenging but realistic goals for myself(e.g. one in-school goal and one out-of school goal)I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on theseI can identify problems in the world that concern me and talk to other people about themI can work with other people to help make the world a better placeI can empathise with people who are suffering or who are living in difficult situationsI can describe some ways in which I can work with other people to help make the world a better place. I know what some people in my class like or admire about me and can accept their praise. | * motivation
* empathise
* admiration
* concern
* suffering
 |
| ***Healthy Me***To know how to make a healthy choiceTo understand a healthy, balanced dietTo know the importance of being physically activeTo have tried to keep themselves and others safeTo know how to be a good friend and enjoy healthy friendshipsTo know how to keep calm and deal with difficult situations | I can take responsibility for my health and make choices that benefit my health and well-beingI know about different types of drugs and their uses and their effects on the body particularly the liver and heartI am motivated to find ways to be happy and cope with life’s situations without using drugsI understand that some people can be exploited and made to do things that are against the lawI can suggest ways that someone who is being exploited can help themselvesI know why some people join gangs and the risks this involvesI can suggest strategies someone could use to avoid being pressurisedI understand what it means to be emotionally well and can explore people’s attitudes towards mental health/illnessI know how to help myself feel emotionally healthy and can recognise when I need help with thisI can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse. | * physical well-being
* mental well-being
* exploitation
* illegal
* misuse
* addiction
 |
| ***Relationships*** To know how to make friendsTry to solve friendship problems when they occurHelp others to feel part of a groupShow respect in how they treat othersKnow how to help themselves and others when they feel upset or hurtKnow and show what makes a good relationship | I know that it is important to take care of my mental healthI understand that people can get problems with their mental health and that it is nothing to be ashamed ofI know how to take care of my mental healthI understand that there are different stages of grief and that there are different types of loss that cause people to grieveI can recognise when people are trying to gain power or controlI can judge whether something online is safe and helpful for meI can resist pressure to do something online that might hurt myself or othersI can use technology positively and safely to communicate with my friends and family. | * mental health
* stress
* depression
* anxiety
* grief
 |
| ***Changing Me*** Understandthat everyoneis unique andspecial.Can express how they feel when change happens.Understand and respect the changes that they see in themselves.Understand and respect the changes that they see in other people.Know who to ask for help if they are worried about change.Are looking forward to change. | I am aware of my own self-image and how my body image fits into thatI can explain how girls’ and boys’ bodies change during puberty and understand the importanceof looking after yourself physically and emotionallyI can describe how a baby develops from conception through the nine months of pregnancy, andhow it is bornI understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriendI am aware of the importance of a positive self-esteem and what I can do to develop itI can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class. | * puberty
* self-image
* self-esteem
* menstruation
* conception
* IVF
* penis
* anus
* testicles
* vagina
* vulva
 |