



What do you think we could be talking about today?

 I think we could be talking about _____ because... 



https://www.youtube.com/watch?app=desktop&v=x55Xs4xz_ls

Do we achieve more when
there is competition?





What emotions do you feel when you win or lose in a competition?

How does it make me feel?



sad	angry	happy	confused	excited	worried	shocked	afraid
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified

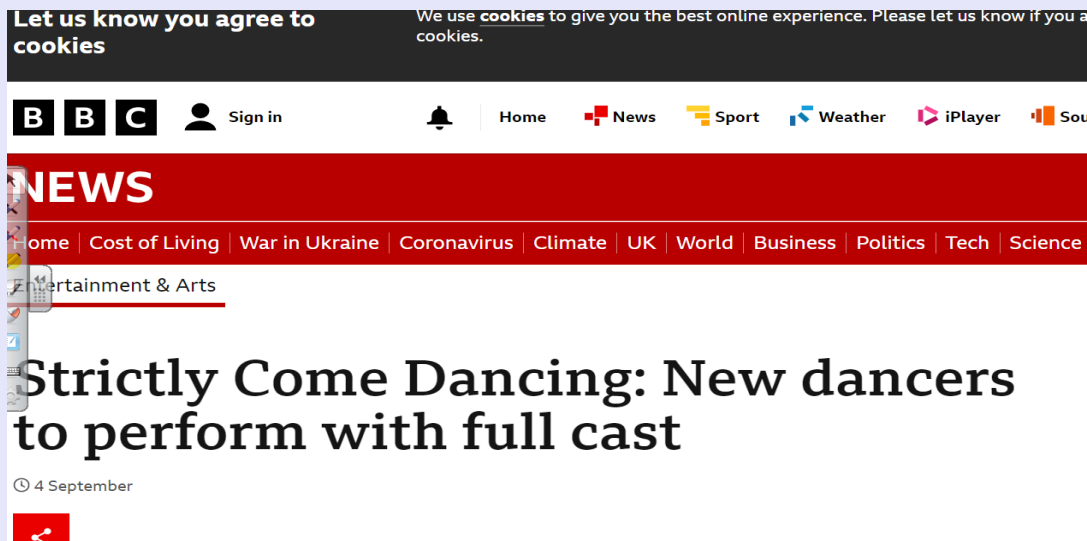


Huntingdon Academy

A L.E.A.D. Academy

<https://www.bbc.co.uk/news/entertainment-arts-62782127>

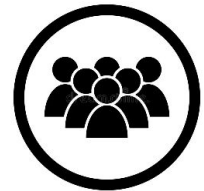
Let's look at this week's story!



What do you think about this?

I think that...

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Can you think of examples of when you might compete?

Resource one



Look at the resource below, which shares some examples of different competitions.



A sports competition
e.g., running, gymnastics, football.

An arts or craft competition
e.g., painting, drawing, modelling.

Businesses competing to be more popular and make sure people spend their money with them.

Competing with yourself.

A competition to be the first to do something e.g., the first person to land on the moon, the first person to invent something.

A competition to be a world record holder.

Competing with other people for a job.



Pictured above: People waiting for a job interview. They are competing for the job.

Can you think of any other examples of when people might compete?

What competitions would you like to take part in?



Resource
two



Look at the resource below,
which shows some famous competitions.

The Voice

The Voice is a televised singing competition. Judges listen to competitors singing without seeing them. The winner of the competition receives a recording contract.



Guinness World Records

Guinness World Records documents and celebrates incredible and magnificent achievements that are the best in the world! Hundreds of thousands of people try to set or beat records every year.

Pictured right: @rvrcoelho Twitter



Nobel Prizes

The Nobel Prizes are a set of annual awards for outstanding work in physics, chemistry, medicine, literature, economic sciences, and peace. People are nominated by individuals or institutions, who have been given this right. These nominations are sent to the Nobel committees, which then vote for the winner or winners.



Tour de France

This is a race for professional cyclists. It is held annually, normally in July, with the majority of the race being held in France. Competitors take part in 21 stages, raced over 23 days.



**Have you experienced any of these competitions before?
Which would you prefer to watch? Are there any you would like to take part in?**

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Can you remember a time where you have
faced competition?



Reflection



There will be many times in our lives when we face competition. Sometimes we may enjoy this and do well, other times we may find it more challenging. It's important for us to remember to help and support each other as we face our different challenges!

